



# DO YOU WANT TO FEEL BETTER ABOUT Climate Change?

## Cut your carbon emissions, talk to a Carbon Cutter

- *Our Carbon Cutters are trained to help cut through the jargon.*
- *Carbon Cutters can help you find the best solution for your situation.*

Here are a few effective actions you can do straight away:

- Use and buy only what you really need.
- Reuse, Repurpose and Upcycle
- Buy local (ideally made/grown locally), everything, food, goods, services
- Eat less red meat, avoid imported meat
- Try to cut down your car and air travel, use public transport, cycle or walk if you can

Take  
positive action  
and feel good  
about it

We offer free training on reducing your Carbon Footprint

Contact: [scott@actionclimateteignbridge.org](mailto:scott@actionclimateteignbridge.org)

